

# Namaste Community Foundation, Nepal



## Annual Report

### 2015/2016



*"Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver" - Barbara De Angeli*

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## From the founder / director



Namaste and a warm greeting to all the well-wishers and supporters from all of us at Namaste Community Foundation-Nepal. Previous years were really wonderful with all your support and generosity but last year was really tough for all the Nepalese people because of the massive earthquake of 7.8 & 7.2 magnitude & and unofficial blockade of India. With all the courage and support from the people like you all, we have managed to come this far and we are recovering slowly.

Currently, we are really very happy to see many of the international charity organizations, peoples and even the Government of oversea country showing their active participation in helping the Nepalese to come out of that tragic situation. We

will always be indebted for your support above the limit during the time of emergency.

It would never have been possible for Namaste Community Foundation to come this long without you all people from all around the world. Your love, support, generosity and heart holy has turned out to be our strength in our hard times and has always motivated us on keep moving.

NCF-Nepal and myself is very thankful for all your support till this day and we are sure that you will always support us with all the humanitarian feelings and value in the programs that we will organize in the future. With all your support and help, we are sure that we will march toward the new era of Humanity.

If you are interested (If not yet) to be part of our projects in any way (partnership, sponsoring fully or partially, technical support or guidance, etc.); NCF-Nepal would be very grateful. For further queries, you can contact me directly at [ceo@ncf-nepal.org](mailto:ceo@ncf-nepal.org) or our admin section at [info@ncf-nepal.org](mailto:info@ncf-nepal.org).

We would like to update you with the latest news about our foundation, latest activities and children's performance.

With Best Wishes

Visma Raj Paudel  
And Namaste family, Nepal



## 1. CHILDREN 'S HOUSE

### Children home with a family environment



Under this program, we have two children homes namely Namaste Children's home-Jarewar and ONNI Children's Home-Pardi, Birauta. Our priority is to accommodate children from different caste, religion, area, culture, situation, background, age and help them adapt behaviour in a home style children house with full realization of their rights. 9 out of 56 children were reintegrated back to their relatives as many of them passed their school leaving certificate examination (class 10) and 12<sup>th</sup> standard, some of them were equipped with vocational training and few of them were sent back to their family as their financial status was found to be improved.

Currently, we have 47 children under our protection with full realization of child's right. Out of which we have 32 are from our Jarewar based children home and 15 are from our Pardi based children home. At the moment 12 of these children are studying at class 11 & 12.

Children supported till date: 106

Children reintegrated till date: 59

Children currently under protection of NCF-Nepal: 47

Class	Boys (NCH + ONNI)	Girls (NCH + ONNI)	Total
Montessori-class 2	1+0=1	0+0=0	1
Class 3-Class 5	5+1=6	1+1=2	8
Class 6-Class 8	4+4=8	2+6=8	16
Class 9-Class 10	1+2=3	6+1=7	10
Class 11-Class 12	4+0=4	8+0=8	12
<b>Total</b>	<b>15+7=22</b>	<b>17+8=25</b>	<b>32+15=47</b>

Table reflecting class wise distribution of children gaining continuous support

Kaski	18	Makwanpur	2	Baglung	1
Syangja	10	Nepalgunj	1	Lamjung	1
Chitwan	6	Ramechhap	1	Rajbiraj	1
Dhading	4	Saptari	1	Bardiya	1
<b>Total</b>					<b>47</b>

Table screening district wise distribution of children gaining continuous support



### Children Protection and Programs

Children are protected making them responsible towards the society with full realization of child rights. Under which following are the activities are carried out.



- Mobilization of children as per daily routine.
- Providing balanced diet as per the quarterly food routine that is prepared after discussing with children.
- Sanitation program on the involvement of children and staffs.
- Monthly meeting-Children and staffs.
- Monthly child's club meeting: Children only
- Education-School learning, dance, computer class, English class, art related class etc.
- Health-Regular morning yoga or physical exercise, health check-up, balanced diet, etc.
- Entertainment-Outing, television, movies, educational documentaries and picnic programs, trekking etc.
- Sports-Football, table-tennis, chess, volleyball, carom, ludo and many other indoor and outdoor games.
- Extra-curricular activities-Children organizes weekly program (FUNNY FRIDAY) where they do dancing, drama, jokes, sings, anchor and debate etc.
- Participation: Children are involved in regular household chores in respect to their age and health.
- Participation in trainings, seminars and public awareness programs: Child right, abuse, public awareness etc.
- Pocket money distribution: Distribution of some money every month to the children so that they can purchase things as per their like and can consume.
- Socialization: Children are sent to their relative's home or for an educational tour twice a year.
- Cultural program: Celebrating every festival and make give them information about the festival.
- Moral: Humanity (Feeling of love and support)



## 2. SCHOLARSHIP PROGRAM



Despite of providing continuous support to 66 semi orphan students 14 of them were successfully reintegrated after they have received their school leaving certificate examination last year. From the last Baisakh (April/May) we have only 52 children under scholarship program. After realizing that scholarship is not necessary to distribute to every student, we have decided to distribute scholarship facility to only 52 children up to their secondary level education.

Under this program students are provided continuous scholarship support till they appear their school leaving certificate examination (excluding special situation). Children getting scholarship support will be admitted in a Government school by the organization covering all the school cost, cost for two pairs of uniform, shoes, socks, stationary materials, books, school bags, transportation etc.

Total students supported till date: 175

Total reintegrated students till date: 123

Current students receiving continuous support: 52



Class	Girls	Boys	Total
Montessory - class 2	1	1	2
Class 3 - Class 5	2	6	8
Class 6 - Class 8	17	12	29
Class 9, 10 and above	4	9	13
<b>Total</b>	<b>24</b>	<b>28</b>	<b>52</b>

Table reflecting class wise distribution of students gaining continuous scholarship support

Kaski	46	Chitwan	2	Gorkha	1
Syangja	1	Tanahun	2		
<b>Total</b>					<b>52</b>

Table screening district wise distribution of students gaining continuous support



### 3. WOMAN EMPOWERMENT PROGRAM



A total of 26 women received full time three months training on agriculture and live-stock farming from WEP-Ghachowk last year. Similarly, 46 women received refreshment training. Till date a total of 121 women were successfully provided full time three months training and 46 women were involved in refreshment training. Women from Ghachowk, Lahachowk, Machhapuchhare, Hemja, Salyan, Lumle, Rupakot, Riban and from other surrounding V.D.C. are given priority.

This program not only provides training to the single women living below the level of poverty but also provides psycho social counselling, business classes, and were motivated to start their own business by telling them the success stories of different personalities. Residential facility is also provided to the trainees who comes from long distance. They were handed over the certificate, some of them were provided with the motivational price money after the training. They were also supported by our continuous supervision. Every year 40-50 single women living below the level of poverty are trained here with some vocational training and are also supported financially for their financial independence.



### 4. SELF-SUSTAINABILITY PROGRAM



This program was launched with the purpose of uplifting the people from their financial dependency especially to those living below the level of poverty. Under this program, we provide financial support to the families willing to start their own business but this facility is limited only to those who have acquired the training from the Women's Empowerment program. This support is provided on a nominal interest rate and the amount varies from 20,000 Nepalese rupees to 80,000 Nepalese rupees depending on business type. We believe that the women will become independent from this support and will able to educate their children on their own. According to which 92 families including the women from women

empowerment program were supported and are under continuous supervision. A total of 2,800,000 Nepalese rupees has been invested to this program.

Out of the total supported families 36 families has fully repaid their loan and 56 families are continuously paying their instalment. The women from women empowerment program are eligible for this program therefore, 20-25 women participating in the training of coming September will also be supported from this program.



Buffalo farming	Cow farming	Goat farming	Poultry farming	Sewing & Tailoring	Street vendors	Vegetable farming	Total
3	8	17	8	39	4	9	92



## 5. HEARING CLINIC



This clinic was established specially to provide hearing aid to those suffering from hearing problem and are poor but further it was expanded and is providing free ear examination, free medication and awareness. This program was running till last September but was merged with INF Nepal's ear hospital.

From this program, more than 25,000 people has received free ear examination and medication, around 1927 were distributed free hearing aid and 98 were referred to some other organization for free surgery. Apart from this, hundreds of students and many people have received benefit from awareness program.

## 6. FUND RAISING PROGRAM

Fund raising programs were organized after realizing the internal and external source. For this continuous support from national and international experts was taken. Where most importantly proposal writing related to the program, continuation with program called walk for kids, fund raising for the reconstruction of earthquake affected schools, continuous newsletter sending, updating organization's website and promotion, requesting volunteers to help raise fund and many other activities were done. Apart from this representative from donor agency and their friend's circles were invited to visit Nepal and were provided necessary assistance for their tour management and finding out other ways to raise funds for the organization were done. With those people and organizations were found to be more devoted towards the organization and are working for the sustainable development of the organization.

## 7. OTHER GENERAL PROGRAMS

### Annual General Meeting:

Alike previous years Namaste Community Foundation organized its 13<sup>th</sup> Annual General Meeting in between its children, staffs and board members at Himalayan Kitchen's seminar hall.

### Financial support to other social organizations and schools:

Primary school of Ghachowk namely Bal Kalyan Primary school was supported 147,000 NRs. for an additional teacher last year. With the help of Lions Club and Ward office, Baidam senior citizens were supported with shawls amounting NRs. 90,000. NGO Federation was supported with NRs. 30,000 to make profile, Brahma Kumari Raj Yog Sibir was supported NRs. 20,000, District administration office was supported NRs. 20,000 for a file cabinet, Network of children house was supported NRs. 20,000 to build a bridge, Mother's group of Ghachowk was supported NRs. 12,000 to build a temple,







NRs. 10,000 to build roads at Ghachowk, NRs. 10,000 for District children conference and NRs. 497,105 was used to support many other organizations throughout the year.

## Skill development programs for children:

For the skill development of children different classes and training programs were organized. Where most importantly, dancing, singing, drawing, computer education, essay writing, story, poem debate, quiz contest, and many other sports like football, table tennis, volleyball, chess, ludo etc. were organized.



## Regular health check-up:

Regular health check-up programs were organized for the children in accordance to time. Where most importantly, bi annually health check-up, teeth check-up and prevention, ear check-up and many other health related examination were done at International Medicare-Pokhara, Gandaki teaching hospital-Pokhara, Manipal teaching hospital-Pokhara, Himalayan eye hospital and Charak memorial hospital as per requirement.

## Assist is free health check-up camp:

Last year also many of the people got benefitted because of the free health camps organized for the people having hearing problems. Hearing clinic under Namaste Community Foundation also provided a helping hand in the Health camps organized by different organizations.



## Different entertainment program:

Last year we celebrated all festivals which are celebrated here in Nepal organizing different entertaining programs in coordination with the staffs, board members and other supporting donors. Where Rakshya Bandan, Krishma Janmastami, Teej, Dashain, Tihar, Ekadasi, Christmas, Tote, Holi, Shivaratri, Easter, Saraswati Puja, Buddha Jayanti, Tamu Lhosar, English and Nepali New year, Ram Nawami, Gai Jatra, chat parva etc. were celebrated.



## Staff empowerment and participation in training:

Alike previous years, staffs were participated in different training programs last year for their skill enhancement and empowerment. They were participated most importantly in fundraising program training, first aid training, shawl making training, training on oral hygiene, etc.



## Child reintegration and protection:

Nine of the children were partially and fully reintegrated back to their relatives. Reintegration was done because of the various reasons like completion of their schooling i.e. class 12, improved financial status of parents etc. Some children were reintegrated as they were found not able to continue with their education. They were provided vocational training and were reintegrated.





### Support to make birth certificate:

Out of 56 children living here at Namaste Children's Home, 17 of them haven't got their birth certificate. We were successful in making the birth certificate of 6 children last year. Besides that, necessary effort is being started for issuing their birth certificate but are not yet successful. This is because we haven't been able to trace the relatives of children protected from the street and some relatives of the children didn't want to come in contact even after they were found.



### Support for higher education:

12 children those who have passed their school leaving certificate examination are being supported fully for their higher education. They are currently studying in class 11 and 12. 10 are studying at Sublime Higher secondary school and 2 of them are studying science and management respectively at Sagarmatha Higher Secondary school.



### Skill development training:

According to the policy of the organization 3 studying those who have passed their school leaving certificate examination were provided 3 months' computer training.



### Necessary effort for citizenship:

Necessary effort was made in making the citizenship of children under the protection of Namaste community foundation. The effort was also made for those students who were partially reintegrated and have crossed 16 years of age.

### Staff's insurance, training and participation in seminar:

As per the policy of the organization accidental insurance for all the staffs working at NCF-Nepal was done last year as well. Staffs were sent for different kinds of necessary training and seminars in order to motivate and enhance their skills.



### Other supports:

Besides all above mentioned activities other necessary support was made throughout the year and this will continue in the future. But the support was given only after considering the negative and positive aspects.

### Organizational information:

In order to provide more information to more of the people about the organization new website was made in a much-improved way. Likewise, organizational activities are also updated continuously in our official Facebook page.



## 8. PROPOSED NEW PROJECTS AND ACTIVITIES

### Main proposed programs

- ❖ Continue activities of the Children's House with no additional children (unless very risky).
- ❖ Continue with the scholarship program and work out to support more children.
- ❖ Provide various employment based trainings to make the women independent through the Women's Empowerment Project based at Ghachowk.
- ❖ To initiate women empowerment program in the surrounding villages within Kaski district.
- ❖ To successfully initiate and finish walk for kids program.
- ❖ Launch the Family independence program and make the necessary amendments.
- ❖ Start various income-generating project at Ghachowk and continue with the land registration process that is pending.
- ❖ Make some amendments in the proposed program of the Children's House and other various programs at Ghachowk. Realize the most needed project for the western region and make necessary efforts for its initiation.
- ❖ Start the income-generating project to reduce foreign aid dependency.
- ❖ Make necessary effort for the reconstruction of school that was demolished by the earthquake.

### Other proposed programs

- ❖ Organize organization's 15th Annual General Meeting
- ❖ Work for the renewal of the organization and also for the budget approval from the Social Welfare Council. Organize the Social Audit Program, DPAC and other necessary activities to complete the government requirements.
- ❖ Try the level best to implement the suggestions received from the supervision and from child welfare committee.
- ❖ Obtain the commitment letter from the donor agencies in order to reduce the financial risk.
- ❖ Increase the general members of the organization and organize various programs to increase the members' devotion.
- ❖ Update the website for the promotion of the organization.
- ❖ Provide necessary training to the employees and enroll national and international experts as per requirement.
- ❖ Update accounting procedure as per time and also take advice from chartered accountants with recent legal amendments (if any) and follow them so far possible.
- ❖ Organize various social programs in coordination with the Nepal government and other social organizations.



## 9. Collection and Usage of Funds

### A collection of funds (Incomes):

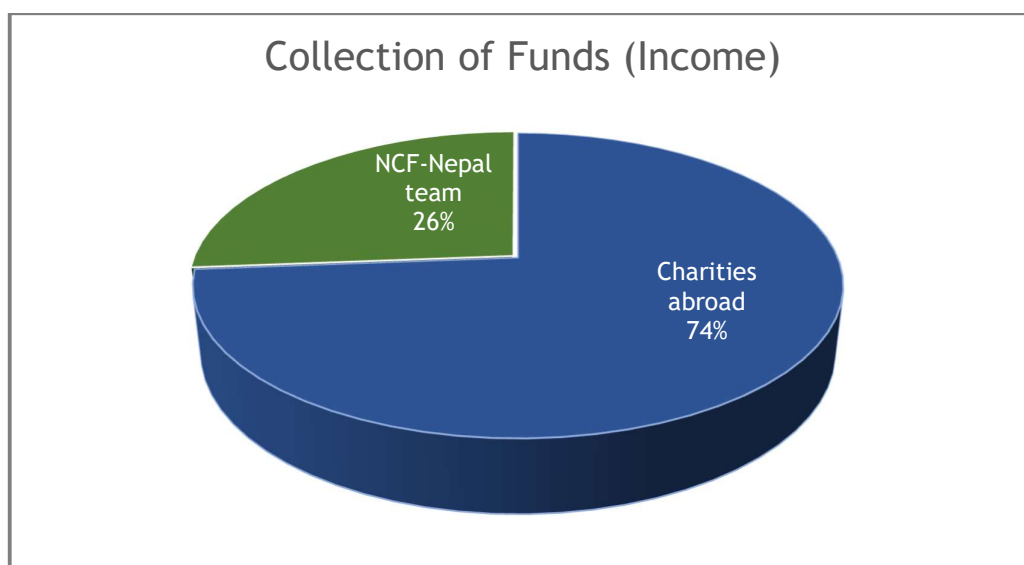
During the fiscal year 2015/2016, we have collected 22,240,805 (NRs.) through the support of charities abroad and NCF-Nepal team. Out of this 74 % (NRs. 16,407,708) was collected from the charities abroad and 26% (NRs. 5,833,097) was collected from fund raising activity, donations, child sponsor fees, general donations, brick sponsors, souvenir gifts, bank interest, membership fees, hearing gifts and others.

#### Detail of major donations from and through charities abroad (NRs. 16,407,708)

*Namaste Foundation, Wind of Change International, International Association for Human Values, Sirius Foundation, Namaste Children's House - IOM, Darvia International Child Welfare Fund, Friends of Children Nepal, Nepal Orphan Project, etc.*

#### Detail of fund collection from and through NCF-Nepal (NRs. 5,833,097)

*Fundraising activity donations, General Donation and other supports, Individual child sponsors, Bank Interest and Membership Fee*





### Usage of funds (Expenditures):

During the F.Y. 2015/16 we have spent NRs. 21,552,805 for various programs under Namaste Community Foundation, administrative and general cost and capital expenditure. The details under the different headings are given below:

#### Details of application of funds in various programs

##### 1.) Program Expenditure NRs. 18,151,378

*Namaste Children's House, Lakeside, Onni Children's House, Damside, Scholarship Program, Hearing Project Nepal, Family Self Sustainability Program, Women's Empowerment Program, Fundraising expenditure, Community Support Program*

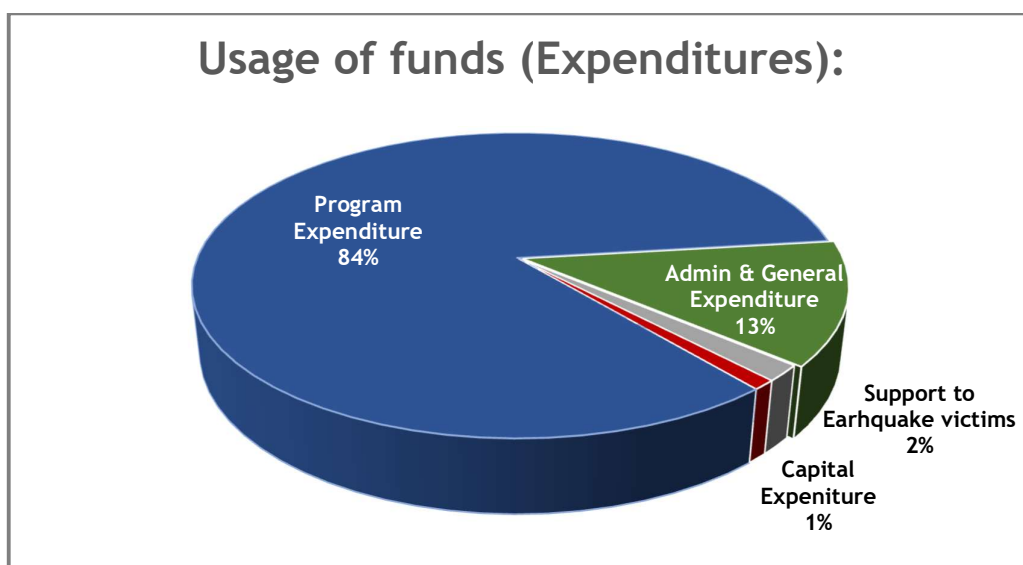
Note: The fundraising expenditure includes the expenditure related to expert placement and other initiatives, which are covered under the same income-generating category.

##### 2.) Administrative and General Expenditure NRs. 2,812,044

*Human Resource Expenses, Transportation, Travel, Consultancy (Legal, Audit, Experts), General Expenses*

##### 3.) Support to Earthquake victim NRs. 368,497

##### 4.) Capital Expenditure NRs. 220,886



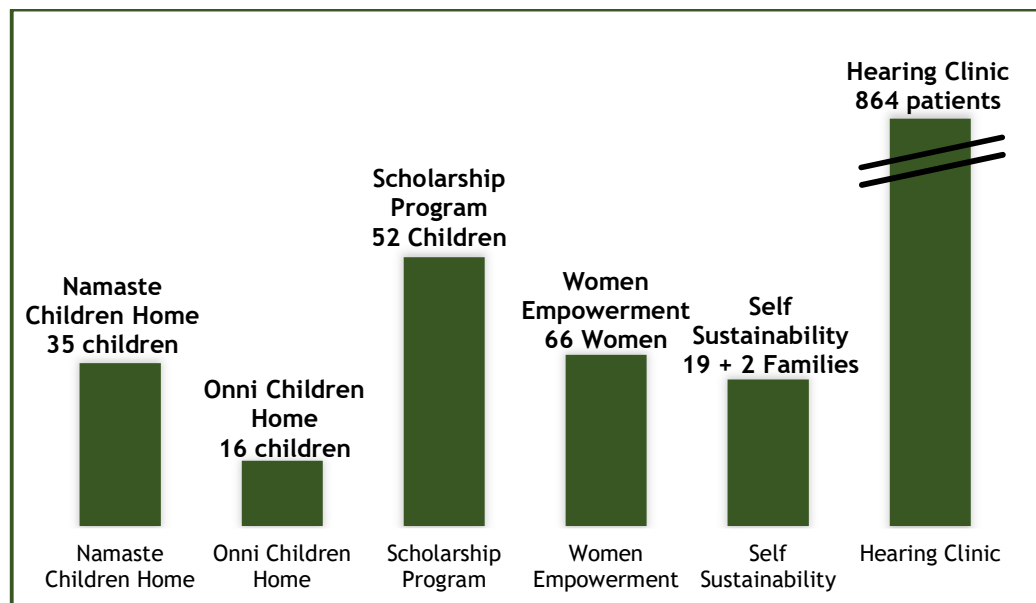
## 10. OUR APPEAL

We sincerely thanks to those from Nepal and abroad who have believed in us and supported us from the very beginning especially in the time when we needed you. Your financial contributions are essential for the existence and future growth of our organization. Our dream for expansion is to help more children and people of Nepal and we would love to have you as a part of our family. Please get involved and help us to continue our mission. If you would like to support us through our partner charities abroad, please feel free to contact us!

Any level of support is greatly appreciated and goes directly to the future well-being of the children and needy people of Nepal.

## 11. MAJOR IMPACT

No of people supported under different regular programs:



## 12. CONTACT PERSONS



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