

Namaste Community Foundation, Nepal



Annual Report

2014/2015



"Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver" - Barbara De Angeli

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From the founder / director



Dear Well-Wishers and Supporters, Namaste and warm greetings from all of us at Namaste Community Foundation. The past 10 months have been very hard and a tough time for Nepalese people. The hardship started by the massive earthquakes of 7.8 and 7.2 magnitudes; leaving about 8,800 deaths and more than 50,000 casualties. As soon as Nepal was slowly recovering from this destruction, the Indian blockade together with the people living in Terai region started protesting against the constitution which lasted over 120 days.

This constitution was long awaited and was promulgated by the Ceremonial President of Nepal that had been passed by 90% of the members of parliament in a very democratic way. Nepal Interim Constitution 2072 is considered to be the best constitution to date but obviously, there might have been some necessary amendments to support the deprived people right living in Terai or other parts of Nepal.

Recently, the blockade and the strikes have been informally ended and the current prime minister's visit to India and progress has given us the high hope to get into normal conditions in the days ahead.

I personally became busy dealing with various circumstances to manage the organizational roles, duties and my personal works including my MBA education. I apologize from the heart for the absence of regular communication with you and others during this time. Now, the final semester is ended and I will try my best to connect with you all (friends, sponsors, partner charities, well-wishers and other supporters physically-financially) as far possible. I sincerely hope that you will take it as positively.

NCF-Nepal and myself is very thankful for all your support during this period. This also includes your concern in supporting above the limit during massive earthquakes where NCF-Nepal could support emergency care (foods, clothes, tarpaulin sheets) to many families, free treatment, back to school program and building temporary houses, etc. We are sure that you will support us to move ahead again to regulate our ongoing projects and with new ideas and programs towards creating financial independence.

If you are interested to be part of any upcoming projects in any way (partnership, sponsoring fully or partially, technical support or guidance, etc); NCF-Nepal would be very grateful. For further queries, you can contact our Founder/Director Mr Visma Raj Paudel directly (visma_raj28@yahoo.com) or to info@ncf-nepal.org for further details.

With best regards!

Visma Raj Paudel
And Namaste family, Nepal



1. CHILDREN'S HOUSE

Children home with a family environment



Under this program, we have two children homes namely Namaste Children's home-Jarewar and ONNI Children's Home-Pardi, Birauta. Our priority is to accommodate children from different caste, religion, area, culture, situation, background, age and help them to adapt behavior in a home style children house with full realization of their rights.

Out of 106 children under the protection of Namaste Community Foundation, 50 of them were successfully re-integrated as many of them passed their school leaving

certificate examination (class 10) and 12th standard, some of them were equipped with vocational training and a few of them were sent back to their family as their financial status was found to be improved.

Currently, we have 56 children under our protection. Out of which we have 40 are from our Jarewar based children home and 16 are from our Pardi based children home. Now 9 of these children are studying at class 11.

Age	Boys (NCH + ONNI)	Girls (NCH + ONNI)	Total
1-5 years	0+0=0	0+0=0	0
6-10 years	3+0=3	0+2=2	5
11-14 years	8+5=13	4+5=9	22
15-20 years	10+3=13	15+1=16	29
Total	21+8=29	19+8=27	40+16=56

Table showing age wise distribution of children gaining continuous support

Class	Boys (NCH + ONNI)	Girls (NCH + ONNI)	Total
Montessori-class 2	4+0=4	0+0=0	4
Class 3-Class 5	3+5=8	1+3=4	12
Class 6-Class 8	9+3=12	4+5=9	21
Class 9-Class 10	2+0=2	8+0=8	10
Class 11-Class 12	3+0=3	6+0=6	9
Total	21+8=29	19+8=27	40+16=56

Table reflecting class wise distribution of children gaining continuous support

Kaski	22	Nepalgunj	1	Parbat	1
Syangja	10	Dharan	1	Lamjung	1
Chitwan	7	Ramechhap	1	Gorkha	1
Dhading	4	Saptari	1	Rajbiraj	1
Makwanpur	2	Dhaulagiri	1	Bardiya	1
Baglung	1	Grand Total			56

Table screening district wise distribution of children gaining continuous support



Children Protection and Programs

Children are protected making them responsible towards the society with full realization of child rights. Under which following are the activities are carried out:



- Mobilization of children as per daily routine.
- Providing balanced diet as per the quarterly food routine that is prepared after discussing with children.
- Sanitation program on the involvement of children and staffs.
- Monthly meeting between children and staffs.
- Education-School learning, dance, computer class, English class, art related class etc.
- Health-Regular morning yoga or physical exercise, health check-up, balanced diet etc.
- Entertainment-Outing, television, movies, educational documentaries and picnic, trekking etc.
- Sports: Football, table-tennis, chess, volleyball, carom-board, ludo and many other indoor and outdoor games.
- Extra-curricular activities: Children organized weekly program where they do dancing, drama, jokes, sings, anchor and debate etc.
- Participation: Involvement of children in household chores in respect to their age and health.
- Sanitation program: Organizing sanitation program in every 3 months, cleaning the surroundings and involving children to make them realize their social responsibility.
- Participation in trainings, seminars and public awareness programs: Child right, abuse, public awareness etc.
- Pocket money distribution: Distributing some money every month as their pocket money so that they can purchase things as per their like and can consume.
- Socialization: Children are sent to their relative's home or for an educational tour twice a year.
- Prepare special program routine especially on vacations and mobilizing the children with some responsibility.
- Cultural program: Celebrate every festival and make them aware about the festival.
- Moral: Humanity (Feeling of love and support)



2. SCHOLARSHIP PROGRAM



Despite of providing continuous support to 165 semi orphan students 109 students were successfully re-integrated in different years after many of them passed their school leaving certificate examination and a few of them were found to have substantial rise in their family's economic condition. From the past Baisakh (April/May) we have decided to provide support to only 66 children up to their secondary schooling.

Under this program students are provided continuous scholarship support till they appear their school leaving certificate examination (excluding special situation). Children getting scholarship support will be admitted in a Government school by the organization covering all the school cost, cost for two pairs of uniform, shoes, socks, stationary materials, books, school bags, transportation etc.

Age	Girls	Boys	Total
1-5 years	0	0	0
6-10 years	4	5	9
11-14 years	17	19	36
15 + years	8	13	21
Total	29	37	66

Table showing Age wise distribution of students gaining continuous scholarship support

Class	Girls	Boys	Total
Montessory - class 2	1	1	2
Class 3 - Class 5	3	5	8
Class 6 - Class 8	17	14	31
Class 9, 10 and above	8	17	25
Total	29	37	66

Table reflecting class wise distribution of students gaining continuous scholarship support

Kaski	60	Chitwan	2	Gorkha	1
Syangja	1	Tanahun	2		
		Total			66

Table screening district wise distribution of students gaining continuous support



3. WOMAN EMPOWERMENT PROGRAM



Full time three months training on agriculture and livestock farming was successfully completed two times by Women Empowerment project under Namaste Community Foundation at Ghachowk.

Under this program, a total of 61 women, 19 from the previous year and 42 from the last year were provided with the training. Where 24 of them were from Ghachowk, eleven were from Lahachowk, two from Dhampus, and one each from

Machhapuchhare, Salyan Lumle, Rupakot, and Riban. This program not only provides training to the single women living below the level of poverty but also provides psycho social counselling, business classes and were motivated to start their own business by telling them the success stories of different personalities. Residential facility is also provided to the trainees who comes from long distance. They were handed over the certificate, some of them were provided with the motivational prize money after the training. They were also supported by our continuous supervision. Every year 40-50 single women living below the level of poverty are trained here with some vocational training and are also supported financially for their financial independence.



4. SELF-SUSTAINABILITY PROGRAM



This program was launched with the purpose of making people, who are living below the poverty level, to get financially independent. Under this program, we provide financial support to the families to start their own business who acquire training from the Women's Empowerment program. This support is provided on a nominal interest rate and the amount varies from 20,000 Nepalese rupees to 80,000 Nepalese rupees depending on business type. We believe that the women will become independent from this support and will become able to educate their children on their own. According to which 72 families including the women from women empowerment program were supported and are under continuous supervision. A

total of 2,100,000 Nepalese rupees has been invested for this program.

Out of the total supported families 25 families fully repaid their loan and 47 families are continuously paying their instalment. The women from women empowerment program are eligible for this program therefore, 20-25 women participating in the training of coming September will also be supported from this program.

Buffalo farming	Cow farming	Goat farming	Poultry farming	Sewing & Tailoring	Street vendors	Vegetable farming	Total
6	4	19	9	20	3	11	72



5. HEARING CLINIC

This clinic was established with the main intention to distribute hearing aid to the people living below the level of poverty but further it was expanded and is providing free ear examination, free medication, and awareness. From this program, more than 24,000 people has received free ear examination and medication and around 1750 were distributed free hearing aid. Last year only, 4108 received free ear examination, 291 received free hearing aid, around 3531 received free medication and 96 were referred to some other organization for free surgery.



Last year free hearing camp were established at Child welfare home, Nawalparasi, Syangja, Sarangkot, Bhimbad and Lamjung. Apart from this, hundreds of students and many people have received benefit from awareness program.

6. FUND RAISING PROGRAM



Under this program, we realize the internal and external source and different programs were organized. For this continuous support from national and international specialist was taken. Where most importantly proposal writing related to the program, initiating the program called walk for kids 2015, fund raising for the earthquake affected people, continuous newsletter sending, updating organization's website and promotion, requesting volunteers to help

raise fund and many other activities were done. Apart from this inviting representative from donor agency and their friend's circle to visit Nepal, providing necessary assistance for their tour management and finding out other ways to raise fund for the organization were done. With this those people and organizations were found to be more devoted towards the organization and are working for the sustainable development of the organization.

7. SUPPORTING EARTHQUAKE VICTIMS



The organization has done possible financial and humanitarian support to the earthquake victims of last year. Where 1000 people were supported grocery and tarpaulin, 607 students were supported with school bag and stationary materials for at least six months, free health check-up for 1007 people, 55 families were supported with two bundle roof sheet each family for their house reconstruction and doom house were made and handed over to 30 families.



8. OTHER GENERAL PROGRAMS

Annual General Meeting:

Alike previous years Namaste Community Foundation did its 12th Annual General Meeting in between its children, staffs and board members in a simple way in its own seminar hall.

Different entertainment program:

Last year as well we celebrated all the festivals that are celebrated here in Nepal organizing different entertaining programs in coordination with the staffs, board members and other supporting donors. Where Rakshya Bandan, Krishma Janmastami, Teej, Dashain, Tihar, Ekadasi, Christmas, Tote, Holi, Shivaratri, Easter, Saraswati Puja, Buddha Jayanti, Tamu Lhosar, English and Nepali New year, Ram Nawomi, Gai Jatra, chat parva etc. were celebrated.

Skill development programs for children:

For the skill development of children different classes and training programs were organized. Where most importantly, dancing, singing, drawing, computer education, essay writing, story, poem debate, quiz contest, and many other sports like football, table tennis, volleyball, chess, ludo etc. were organized.

Regular health check-up:

Regular health check-up programs were organized for the children on accordance to time. Where most importantly, bi annually health check-up, teeth check-up and prevention, ear check-up and many other health related examination were done at Celestial hospital-Pokhara, Gandaki teaching hospital-Pokhara, Manipal teaching hospital-Pokhara, Himalayan eye hospital and Charak memorial hospital as per requirement.





Assist is free health check-up camp:

Last year also many of the people got benefitted because of the free health camps organized for the people having hearing problems. Hearing clinic under Namaste Community Foundation also provided a helping hand in the Health camps organized by different organizations.



Support to Vatsayan Old aged home:

Vatsayan Old aged home was supported with some grocery items and cash amounting Nrs. 120,000 (One hundred twenty thousand Nepalese rupees) from the saving of last year's 7A side football tournament.



Support to other social organizations and schools:

Local club of Ghachowk was supported financially (most importantly for hoarding board) in order to motivate them towards social activities. Bal Kalyan Primary school of Ghachowk was supported Nrs. 141,545 for the school's development and sports materials. Likewise, tiger club of Chitwan was also supported Nrs. 30,000 for building construction. Network of children homes was supported Nrs. 25,000 for organizing skill enhancement training, Street children rehabilitation center-Bulaudi was supported Nrs. 5,000. Similarly, few of the reintegrated children were supported financially and morally for their employment abroad. Likewise, some persons and organizations were also supported financially.



Staff empowerment and participation in training:

Alike previous years, staffs were participated in different training programs last year for their skill enhancement and empowerment. They were participated most importantly in fund raising program training, first aid training, shawl making training, training on mouth hygiene, etc.



Child reintegration and protection:

Two of the children were reintegrated back to their relatives in a condition to support partially. The two children were Renuka Mahato and sumitra Nepali. Renuka Mahato was reintegrated after she passed her school leaving certificate examination and her family's financial status was found to be improved. Likewise, Sumitra Nepali was reintegrated as she was found not able to continue with her education.

Beside these, last year reintegrated children Subash Pariyar and Purna Pariyar was again taken back in organization as their family's financial situation was found not that good.



Support for higher education:

5 of the partially reintegrated children from this organization was full supported for their higher secondary education from our scholarship project. Likewise, management for higher secondary level education for 9 children was done at Sublime higher secondary school.

Skill development training:

Cook and boxing training was provided to one of the boy who was not able to make any progress in his education. This training was provided to him as per the policy of the



organization. Likewise, 3 months' computer training was provided to 9 of the students passing their S.L.C examination.

Necessary effort for citizenship: Necessary effort was made in making the citizenship of Children under the protection of Namaste community foundation those who have crossed 16 years of age.

Staff's insurance, training and participation in seminar:

As per the policy of the organization accidental insurance for all the staffs working at NCF-Nepal was done last year as well. Staffs were sent for different kinds of necessary training and seminars in order to motivate and enhance their skills.

Other supports:

Besides all above mentioned activities other necessary support was made throughout the year and this will continue in the future. But the support was given only after considering the negative and positive aspect.

Organizational information: In order to provide more of the information to more of the people about the organization new website was made in a much-improved way. Likewise, organizational activities are also updated continuously in our official Facebook page.

School Toilet and 2 room house (Ghachowk)



Oldaged Home support



Building Temporary Shelter



9. PROPOSED NEW PROJECTS AND ACTIVITIES

Main proposed programs

- ❖ Continue activities of the Children's House with no additional children (unless very risky).
- ❖ Continue with the scholarship program and work out to support more children.
- ❖ Provide various employment based trainings to make the women independent through the Women's Empowerment Project based in Ghachowk.
- ❖ Launch the Family independence program and make the necessary amendments.
- ❖ Start various income-generating project at Ghachowk and continue with the land registration process that is pending.
- ❖ Protect the land at Ghachowk with wire fencing and start with other various construction programs.
- ❖ Make some amendments in the proposed program of the Children's House and other various programs at Ghachowk. Realize the most needed project for the western region and make necessary efforts for its initiation.
- ❖ Start the income-generating project to reduce foreign aid dependency.
- ❖ Make necessary effort for the reconstruction of school that was demolished by the earthquake.

Other proposed programs

- ❖ Organize organization's 14th Annual General Meeting
- ❖ Work for the renewal of the organization and for the budget approval from the Social Welfare Council. Organize the Social Audit Program, DPAC and other necessary activities to complete the government requirements.
- ❖ Try the level best to implement the suggestions received from the supervision and from child welfare committee.
- ❖ Obtain the commitment letter from the donor agencies in order to reduce the financial risk.
- ❖ Increase the general members of the organization and organize various programs to increase the members' devotion.
- ❖ Update the website for the promotion of the organization.
- ❖ Provide necessary training to the employees and enroll national and international specialists as needed.
- ❖ Update accounting procedure as per time and take advice from chartered accountants with recent legal amendments (if any) and follow them so far possible.
- ❖ Organize various social programs in coordination with the Nepal government and other social organizations.



10. COLLECTION AND USAGE OF FUNDS

A collection of funds (Incomes):

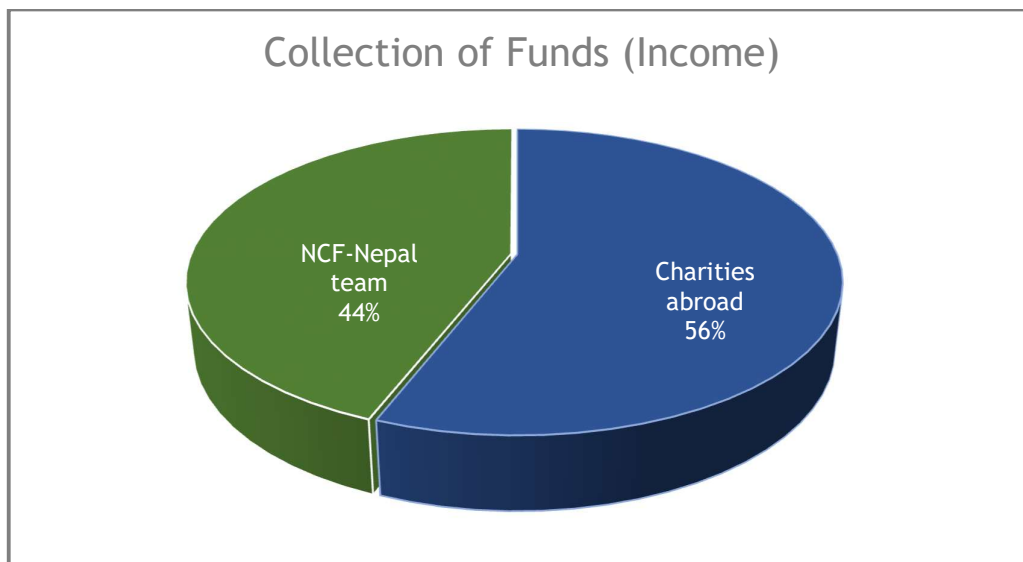
During the fiscal year 2014/2015 we have collected 3,567,6028 (NRs.) through the support of charities abroad and NCF-Nepal team. Out of this 56 % (NRs. 19,966,237) was collected from the charities abroad and 44 % (NRs. 15,709,791) was collected from fund raising activity, donations, child sponsor fees, general donations, brick sponsors, souvenir gifts, bank interest, membership fees, hearing gifts and others.

Detail of major donations from and through charities abroad (NRs. 19,966,237)

Namaste Foundation, Wind of Change International, International Association for Human Values, Sirius Foundation, Namaste Children's House - IOM, Darvia International Child Welfare Fund, Friends of Children Nepal, Nepal Orphan Project, etc.

Detail of fund collection from and through NCF-Nepal (NRs. 15,709,791)

Fundraising activity donations, General Donation and other supports, Individual child sponsors, Bank Interest and Membership Fee



Usage of funds (Expenditures):

During the F.Y. 2014/15 we have spent NRs. 29,407,268 for various programs under Namaste Community Foundation, administrative and general cost, support to earthquake victims and capital expenditure. The details under the different headings are given below:

1.) Program Expenditure NRs. 21,964,221

Namaste Children's House, Lakeside, Onni Children's House, Damside, Scholarship Program, Hearing Project Nepal, Family Self Sustainability Program, Women's Empowerment Program, Fundraising expenditure, Community Support Program

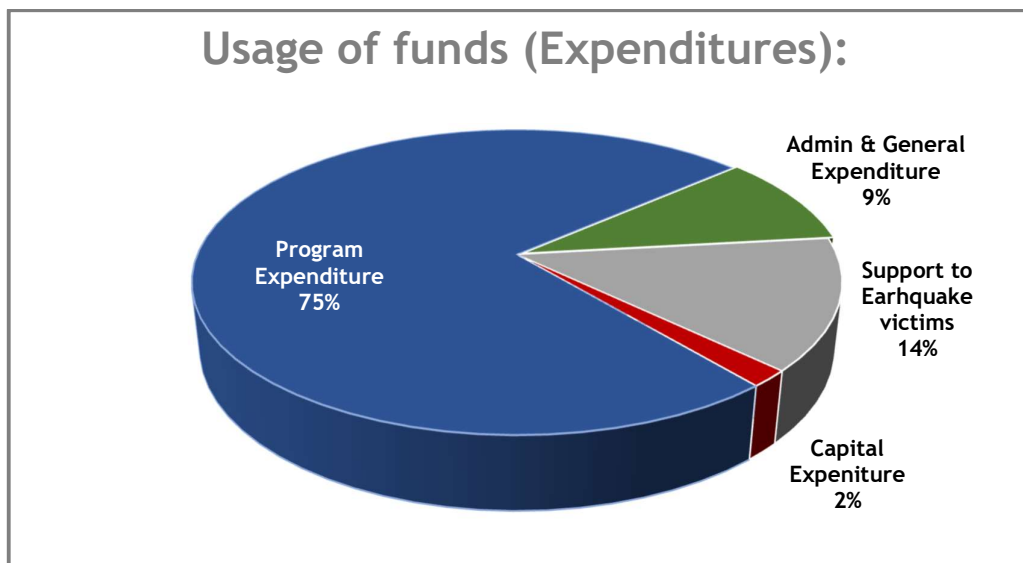
Note: The fundraising expenditure includes the expenditure related to expert placement and other initiatives, which are covered under the same income-generating category.

2.) Administrative and General Expenditure NRs. 2,835,029

Human Resource Expenses, Transportation, Travel, Consultancy (Legal, Audit, Experts), General Expenses

3.) Support to Earthquake victim NRs. 4,088,178

4.) Capital Expenditure NRs. 519,840



11. OUR APPEAL

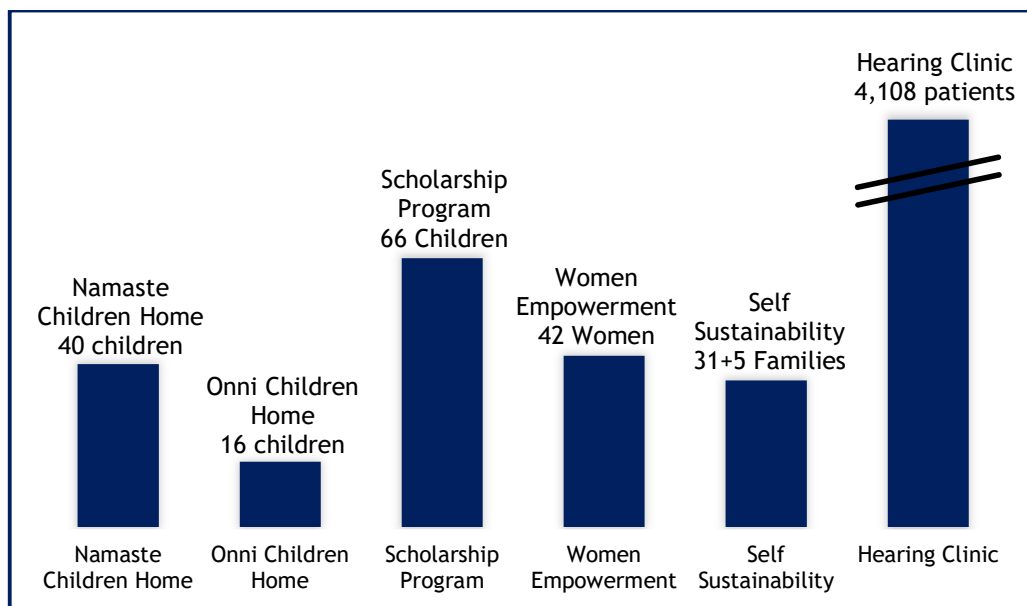
We sincerely thanks to those from Nepal and abroad who have believed us and supported us from the very beginning especially in the time when we needed you. Your support during the time of earthquake has helped many of people to stand again. Thanks to all of those who supported us to support the earthquake victims of Nepal.

Your financial contributions are essential for the existence and future growth of our organization. Our dream for expansion is to help more children and people of Nepal and we would love to have you as a part of our family. Please get involved and help us to continue our mission. If you would like to support us through our partner charities abroad, please feel free to contact us!

Any level of support is greatly appreciated and goes directly to the future well-being of the children and needy people of Nepal.

12. MAJOR IMPACT

No of people supported under different regular programs:



13. CONTACT



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