



+977-61-462449

# Namaste Community Foundation Nepal

[www.orphanagenepal.org](http://www.orphanagenepal.org)

[www.ncf-nepal.org](http://www.ncf-nepal.org)



Namaste Community Foundation Nepal (NCF-Nepal) (Former Namaste Children's House Nepal) is a non-profit social organization officially established in June 2003 to support many underprivileged children, women and other needy people of Nepal through its various projects.



### Our Mission:

Our mission is to strive to create a loving, holistic and healthy environment for the children, women and people of Nepal whose lives we have been entrusted with. We aim to care for the desperately needy children, women and needy people of Nepal so as to create healthy, self-reliant citizens.

### Objectives:

The main objectives of NCF delivered through these programmes are:

- Operate children's home for abandoned, poor & vulnerable children with necessary health care, education and vocational training.
- Grant educational scholarships to capable but poor children.
- Run skills development program to generate employment & to reduce poverty.
- Promote entrepreneurship through micro business loans for poor families.
- Provide clinical services to improve/restore hearing to the hearing impaired.
- Provide unique opportunities for foreigners to work closely with Nepali culture

NCH's ultimate goal is to support as many poor, needy and abandoned children, women and needy people as possible.

### Nepal Facts and Statistics:

- Population: 26,620,809 (2011)
- Child Death Rate: 50 per 1,000
- Infant Death Rate: 43 per 1,000
- Life Expectancy: 66.51 Years
- Poverty Rate: 25.20% (2011)
- Underweight Children: 38.80%
- Human Development Rank: 157
- Maternal Death Risk: 170 deaths/100,000 births (2010)
- Girls' Education: 8 Average Years in School
- Clean Water Access: 89%
- Education Expenditure 4.20% of GDP (2010)
- Health Expenditure: 5.80% of GDP (2010)
- Physicians Density: 0.21 physicians/1,000 population
- Hospital Bed Density: 5 beds/1,000 population (2010).







**Visma Raj Paudel's** dream to help the poor, needy adults and orphaned children of Nepal came to fruition the day he was able to open the doors of NCF in June 2003. He strongly believes that together we can bring about great lasting impact to their lives. For Mr. Paudel, the opportunity to help others is very rewarding even though arranging the funds necessary is always a big challenge. He has contributed 20 years in his life and is very glad to find that his dream is also the dream of so many other people now.



#### **Project Activities:**

In our initial phase, we provided housing for around 60 orphan children in a rented building in Jarewar, Pokhara. It quickly became evident that there was much more to be addressed, such as educational scholarships for other needy children, women's empowerment programs, hearing aid distribution & treatment and sustainability programs and small business loans for poor families. All these programs are described in detail below, are up and running smoothly. This is greatly due to the efforts, generosity and time of others, like you.

Actress Angelina Jolie supported 20,000 USD to start our children's home at lakeside through a US charity. UK famous actress Joanna Lumley (OBE) also supported our project. She visited our home in July 2009 along with her husband, Stephen Barlow, and son, Jamie Lumley.



### A) Residential Program:

Over 106 children have been rescued from different circumstances & supported in our two rented homes called Namaste Children's House and Onni Children's House, located in Lakeside and Damside, Pokhara. Their ages vary from 4 years to 18 years, all arriving from various unfortunate backgrounds. All of our children are empowered and embraced by our loving and caring "family". They attend private schools to gain proper education necessary to lead a better life. Over 36 children have successfully reintegrated till date & are enrolled in different jobs throughout Pokhara and other parts of Nepal.



### B) Scholarship Program:

Our scholarship program provides over 169 children from poor families and single-parent households with supervised educational support in the form of school uniforms, educational materials, school bags, medical treatment, tuition fees, pocket money, and sets of extra clothes every year. Over 27 children have successfully completed 10th grade & are enrolled in higher secondary levels.





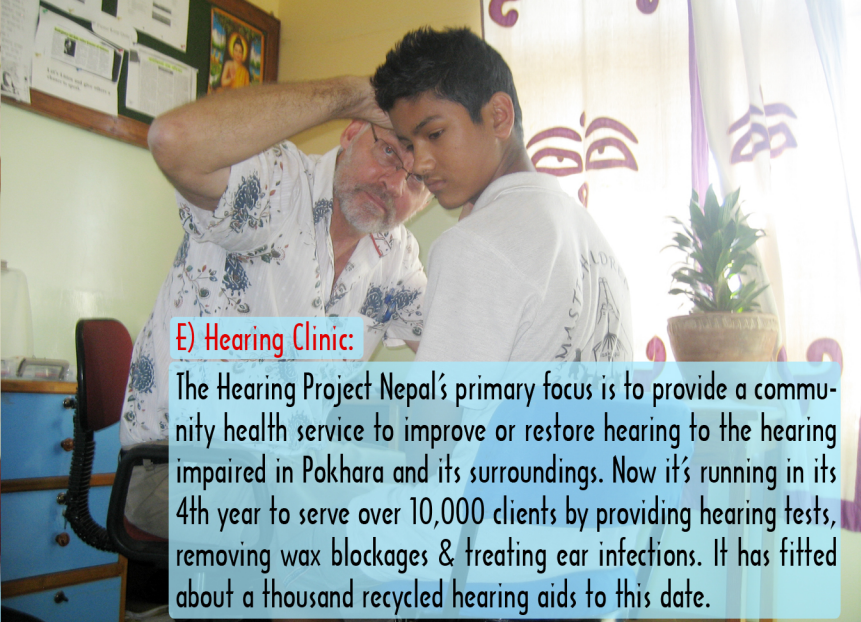
### C) Micro Finance Support:

Over 30 families have been supported under this program to promote entrepreneurship, which provides micro business loans and offers regular guidance. Once accepted into the program, each family has the opportunity to start a micro business, which could be buffalo, cow, chicken or goat farming, opening a tea shop, being a street vendor, or owning a vegetable stand etc. Our current families are regularly monitored and we hope to expand our support to more needy families.



### D) Women Empowerment Centre:

The Women Empowerment Centre building has been completed and is ready to start the lifelong skills from October 2013 to create financial independency for poor & needy women of Nepal. This project was designed to train at least 80-100 people in tailoring, crafts, agriculture, sustainable farming and other skills as per need. This effort will also help older children in the Namaste Family and poor single women of Nepal to gain important skills to secure employment.



### E) Hearing Clinic:

The Hearing Project Nepal's primary focus is to provide a community health service to improve or restore hearing to the hearing impaired in Pokhara and its surroundings. Now it's running in its 4th year to serve over 10,000 clients by providing hearing tests, removing wax blockages & treating ear infections. It has fitted about a thousand recycled hearing aids to this date.

### F) Volunteer Placements:

Our volunteer placement program offers many unique opportunities to work within NCF & other social organizations. Over the past nine years, we have hosted over 500 volunteers from different parts of the world. Our volunteer program not only offers the opportunity to integrate into the Nepali way of life but also the chance to learn a new language! (for more details)

Please contact us/ check our webpages



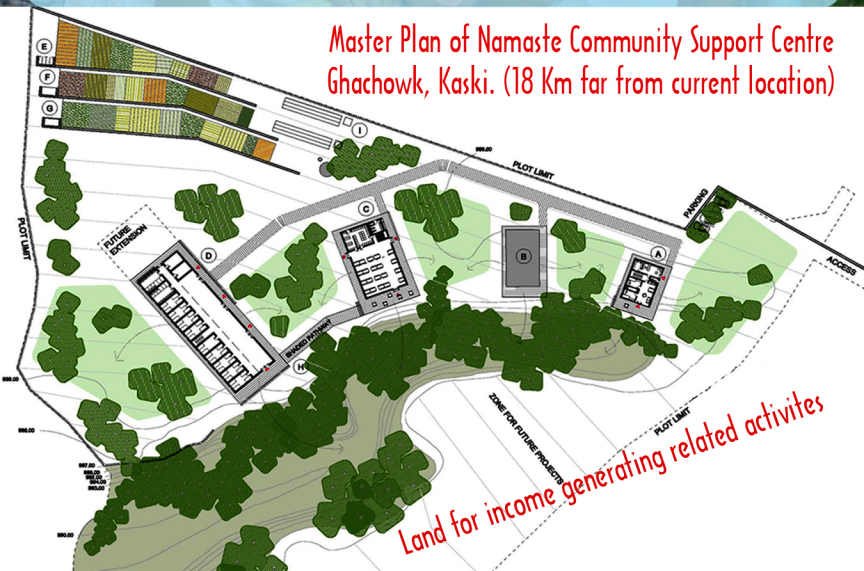
Join our **Buy a Brick** campaign to help develop children houses and support even more desperate children, women and people. A personalized brick costs 50 Euros and contributes the building construction in our own land at Ghachowk. We have already arranged 26,000 square meters of land.



### How you can help us!

- Sponsor a child in our care or scholarship program.
- Work as a volunteer.
- Donate to our general fund.
- Buy a brick to construct children houses in our own land.
- Help to set up a small business to support poor families in a micro business.
- Organize fund raising events in your country.
- Donate towards one part of our Namaste village in your name.
- Or simply contact us to know about the urgent needs.

### Master Plan of Namaste Community Support Centre Ghachowk, Kaski. (18 Km far from current location)



To track our regular updates please visit our Facebook page  
<http://www.facebook.com/NamasteChildrensHouse>

### Future Plan

Completing Namaste Community Service Centre in Ghachowk including children home, office, library, guard house, dinning hall, etc by 2015.

Providing at least 80-100 people with tailoring, crafts, agriculture, sustainable farming and other skills as per need.

Expanding our micro finance support to more families & reducing dependency.

Providing support in the form of teacher training, infrastructure development, and other ways depending upon the finance availability.

Support local health posts next to our land and provide better services locally.

Work on income generating related projects for partial sustainability.

If you are willing to help, please send your donation to:  
Namaste Community Foundation  
Standard Chartered Bank (Account No: 01-1269968-01)  
Swift Code: SCBLNPKA (Check with us for **Pay-Pal** account donation transfer)



We owe a lot of thanks to those from Nepal and abroad who have supported us from the very beginning, Your continued financial support is essential to the existence and future growth of our organization. Our dream for expansion is to help more children and people of Nepal, and we would love to have you as a part of our Family. Please get involved & help us to continue our mission.

If you would like to support us through our partner charities abroad,  
please don't hesitate to contact us!



**Contact Address:** Namaste Community Foundation Nepal  
Post Box-173, Jarewar-6, Lakeside, Pokhara, Nepal  
Phone: +977-(0)61-462449 / +977-(0)61-461679  
info@orphanagenepal.org / info@ncf-nepal.org

For more details please  
visit:

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Any level of support is greatly appreciated and goes directly to the future well-being of the children and people of Nepal.

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