



Namaste Community Foundation

Empowering the lives of underprivileged children and people of Nepal since 2003
Post Box: 173, Jarewar Lakeside, Pokhara. Ph: 00977-(0)61-462449/461679, www.ncf-nepal.org

Annual Report (16th July 2012 – 15th July 2013)

Dear friends and well-wishers

Many Namastes and greetings again from me and the Namaste family in Pokhara, Nepal.

It is our great honour and privilege to present our annual report of last Nepali fiscal year to you all in order to provide you a clear picture of the one year achievements of NCF-Nepal your generosity and contribution. Since June 2003, NCF-Nepal has always been a place of opportunity and hope for the many poor children and desperate people of Nepal.



We have achieved so much with your help over the last 10 years. It is truly incredible to think about how many children and people's lives we have changed in a positive way. It is amazing to see several children and women achieve their independence, they have now found jobs and some are running businesses with our guidance and support. The collective human spirit and power is quite unbelievable, it has already transformed so much human sadness into happiness

during last 10 years through Namaste Community Foundation. Also at NCF-Nepal, we take responsibilities for ourselves and for each other; for the ideas we embrace and for the future we share. We celebrate selflessness and value those, across the world, who step forward and make unprecedented contributions to the well-being of humanity in a very friendly, transparent and professional way with mutual understanding.

To continue to do the work we are doing, we need your help - If you want to make a difference or desire to help us change lives then we encourage you to organize any event in our name. Let us do this with joy, while changing peoples' lives. We need your support and contribution to fill our homes with more of the needy children of Nepal. Currently, there are 60 children who live at our two different homes but we have the capacity to handle more. Please know that your generosity and sponsorship means providing permanent shelter for more underprivileged children and giving them the love, guidance and affection they need to grow into beautiful and capable young men and women.

Many sincere thanks go to my team here in Nepal who works tirelessly for the health, love, care and well-being of many children and poor families. I couldn't be more proud of the work each of you do to make this NCF-Nepal a fair and very successful organization. As we mark this important milestone, our team in Nepal looks forward to continuing working with you in the years ahead, changing many children and people's lives positively.



Most Sincerely

Visma and Namaste family, Nepal

Contents

1. Children House (Home style Orphanage).....	2
2. Scholarship Program.....	4
3. Micro Finance Support Program.....	5
4. Hearing Clinic.....	5
5. Other various programs attended last year.....	6
6. Proposed Programs for next year.....	8
7. Collection and Usage of Funds.....	8
8. Future plan.....	9
9. Contact us.....	10

Although there are numerous activities that have occurred in last financial year, we would like to describe the major happenings and give you a clear picture of what has made this year more memorable, with bundles of success stories.

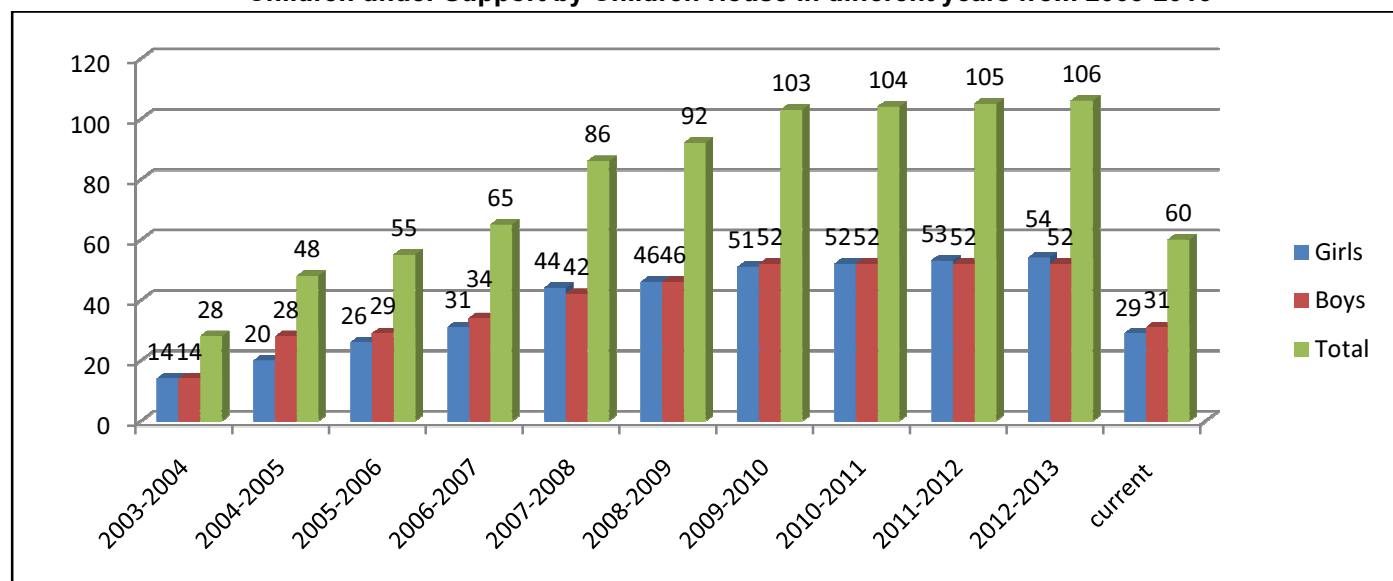
1. Children House (Home style Orphanage)

Two children homes, Namaste Children's House (lakeside) and Onni Children's House (Damside), are running under this program. The first and foremost responsibility of the organization is to make the children from different caste, religion, status, region, culture, situation, age and behavior adaptable and adjustable in a home style orphanage with all their rights. A total of 60 children are regularly supported while living in our children homes. A total of 46 children have left our homes and are successfully reintegrated into our society. Out of the total 60 children, 44 are at the lakeside home and 16 are at the damside home. Likewise, we would also like to inform you that the children who have been reintegrated successfully have completed their School Leaving Certificate Examination or have passed 10+2, have received vocational training, or the economic condition of their family has improved.



We provide shelter, a balanced diet, clothing, medical care, education, parental care, security and love. The highest standards of care and cleanliness are maintained so that all children develop healthy practices that will help them in their future lives. The children are also encouraged to assist in normal household duties so that they will grow up to be responsible, self-reliant adults. The daily program includes activities such as morning yoga, reading, tidying, school, playtime and guided homework. The work of the orphanage staff is supported by the volunteer program.

Children under Support by Children House in different years from 2003-2013



Note: Reintegration of children has been done in different years only after the completion of their education and as per requirement.

Children getting continuous support as per year till now

Particulars	Girls	Boys	Total
1-5 years	0	1	1
6-10 years	4	10	14
11-14 years	15	11	26
15-20 years	12	7	19
Total	31	29	60

Children getting continuous support as per class

Particulars	Girls	Boys	Total
Montessori - Class 2	3	7	10
Class 3 - Class 5	8	11	19
Class 6 – Class 8	12	7	19
Class 9 – Class 10	8	4	12
Total	31	29	60

Children under protection of Namaste Community Foundation as per District

Kaski	25	Nepalgunj	1	Parbat	1
Syangja	10	Dharan	1	Lamjung	1
Chitwan	8	Ramechhap	1	Gorkha	1
Dhading	4	Saptari	1	Rajbiraj	1
Makwanpur	2	Dhawalagiri	1	Bardiya	1
Baglung	1	Total			60

Children Regular Activities: The children staying under the protection of this organization are kept and provided with the entire child rights, making them feel responsible towards society and the nation. Under which:

- Children are mobilized with a daily systematic work schedule.
- Children are provided with a balanced diet as per the quarterly schedule prepared by consulting with the children themselves.
- Regular sanitation program – under the involvement of children and the staffs.
- Regular monthly meeting – children and staffs.
- Regular monthly meeting of child club – Children only.
- Education – School education, dance, Computer class, English class, art related classes, etc.
- Health - Daily morning yoga, physical exercise, frequent health check up, balanced diet etc.
- Entertainment – Outings, television, movies, knowledgeable documentaries, frequent picnics, trekking etc.



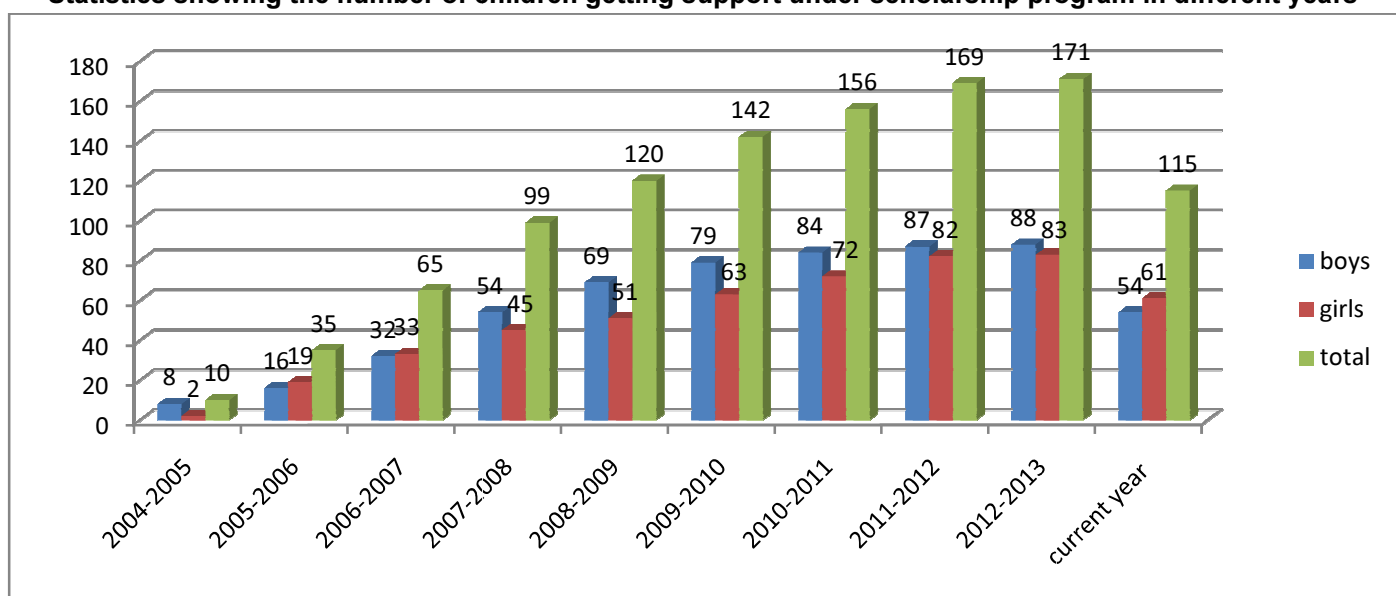
- Games – Football, ping pong and many other indoor and outdoor activities.
- Funny Friday Program – This is the weekly program, hosted by the children of the organization to explore the talent and creativity that resides in them.
- Involvement – Involvement of children in house chores in accordance with their age and health.
- Sanitation program –Monthly sanitation program is organized to make children realize and feel their social responsibility.
- Involvement in training, seminar and public awareness program – Children's rights, abuse, public awareness etc.
- Pocket money distribution – To purchase the material and to eat the things of their desire.
- Socialization – Children are sent to their home or to their relatives twice a year, educational tour.
- On the time of vacations special programs are scheduled and are organized.
- Cultural programs – Celebrating every festival and providing information about our culture and tradition.
- Moral – Humanity (Feeling of love and support).

2. Scholarship Program

A total of 171 semi-orphan children have received continuous scholarship support, including the addition of 2 children from last year. 56 children (34 boys and 22 girls) got reintegrated because of various reasons (such as, completing S.L.C., very weak studies, no willingness to go to school because of marriage, and geographical constraints). A total of 115 children were provided with support continuously. Under this program, children are provided with the scholarship support until their School leaving Certificate examination. The foundation is responsible to provide the children under scholarship program with admission fees, tuition fees, two pairs of dress, shocks, shoes, all stationary materials, books, bags, clothes for Dashain and some pocket money, transportation costs, and a partial amount of medical expenses.



Statistics showing the number of children getting support under scholarship program in different years



Note: Re-integration was done in different year after the completion of their studies and as per requirement.

Children getting continuous scholarship support as per year

Particulars	Girls	Boys	Total
1-5 years	2	2	4
6-10 years	8	10	18
11-14 years	32	25	57
15 + years	19	17	36
Gross Total	61	54	115

Children getting continuous scholarship support as per Class

Particulars	Girls	Boys	Total
Montessori – Class 2	6	3	9
Class 3 – Class 5	10	18	28
Class 6 – Class 8	28	22	50
Class 9 and 10	17	11	28
Gross Total	61	94	115

Children getting continuous scholarship support as per District

Kaski	107	Chitwan	2	Gorkha	1
Syangja	2	Tanahun	2	Mustang	1
		Gross Total			115

3. Micro Finance Support Program

With the main intention of making the poor families independent on their own, some financial and technical training are provided to the families of scholarship children who are extremely poor. If those families become independent on their own, they will be able to take their kids to school for proper education and this is our principle. A total of 24 families were provided with support and were under continuous supervision until last year. Similarly, installments from a few of the families have been collected and the preparation to provide support to an additional 5-8 family is the works. The families who are provided with the micro support are presented below.

Buffalo Farming	Cow Farming	Goat Farming	Chicken Farming	Sewing Centre	Street Vendor	Vegetable Shop	Total
6	4	7	1	2	3	1	24



4. Hearing Clinic

The Hearing Clinic was started with the main vision of providing hearing aids to poor people who have hearing problems but the program has since expanded to conducting free ear examination camp, providing free medication, and to a public awareness program. More than 10,000 people got free examinations and a free medication facility so far and around 1,000 people have received hearing aids for free. Out of these, we have provided a free checkup service to 4,240 patients, including free medicine for 1537 and free hearing aids for 271 this year. We have organized various camps in over 22 places in the Kaski, Lamjung, Shyangja, Kaskikot and Chitwan Districts. The camps are normally organized in government schools, government health posts, children homes and in other clinics where many hearing patients lives. The poor and needy people are our main target clients. In each and every camp. We also distribute flyers and organize public awareness lectures.

Under this program, service is provided 5 days a week in our own clinic that is housed in a rented building. We also visit health posts, sub health posts and schools for free ear camp and pamphlet distribution for awareness once a week.



5. Other various programs attended last year

1. Completion of annual general meeting

Namaste Community Foundation celebrated its 10th annual general meeting with lots of happiness among its children, staffs, board members and advisory board.

2. Changed the name of organization

Namaste Children's House was established in the year 2003 with the motive of helping children but has also always conducted various social activities. The name Namaste Children's House was not able to cover all these deeds, therefore, the name of our foundation has been changed to Namaste Community Foundation by fulfilling all formalities from the AGM of last year.

3. Completion of building construction

With the financial support of Namaste Foundation NL, Wild Ganzen and NL Government, we have completed the construction of one of the buildings on our new land. This building is now ready to provide job oriented trainings. In addition to many other trainings, by the end of December 2013, a three month sewing and cutting training will be established, where over the course of the year 80-100 poor, desperate, and single women will acquire skillful training.

4. Various programs conducted to celebrate 10th anniversary

On the auspicious occasion of 10th anniversary of the foundation, various programs were organized including: **Clothes Distribution** in slum areas, **Art Competition** among the children of children homes in Kaski, **Blood Donation** program, **Plantation Program**, **Sanitation Program** and **Free Health Camp** at Aruchour, Shyanja for 2 days. Around 500 people were directly benefitted by these programs.

5. Celebrated 10th anniversary

Namaste Community Foundation completed and celebrated its 10th anniversary at Shanti Nagar Banquet, Pokhara. The foundation honored 7 such personalities who devoted themselves to the welfare and development of society from different corners on the occasion. Likewise, the foundation presented the activities and progress completed until this year and also completed a social audit. Program personalities from social welfare council, district administration office, district development committee, social workers and many other members from social organization were present.



6. Reintegration of children

Last year, 10 children were successfully reintegrated back home with their close relatives. From the 10 children, 5 children were reintegrated after they completed their school leaving certificate examination, 3 could not continue their schooling, and 2 of them were reintegrated because of improvement in the financial condition of their family. Those children will receive partial support and supervision by Namaste for at least 2 years even though they are reintegrated.

7. Support for higher education

A total of 6 children (3 boys and 3 girls) who are under the protection of this organization will get support for their higher studies after their S.L.C. examination. Likewise, 9 additional children who were not able to purchase stationary materials, were suffering from chronic financial difficulties and could not attend school were supported.

8. Vocational training

As per the rules of the organization, 3 children who were not good in their studies were provided with the vocational training to make them independent. Out of those 3 children, 2 children will be continuing their training this year as well.

9. Support in property protection

To support the children under the protection of Namaste Community Foundation with all their belongings, this year the foundation supported Tilu Rokka to pass the land of Lekhnath Municipality by registering the land formally in her name.

10. Citizenship and passport

A few of the children, under the protection of Namaste Community Foundation, who have reached the age of 16 were provided with Nepalese citizenship and their passport. Passports that are provided give an open door for work abroad.

11. Organized sanitation program

A sanitation program has been organized this year to educate children at Namaste and nearby about their social responsibilities in regards to sanitation.

12. Participation of staffs in insurance, training and seminar

As per the rules of the organization, all the working staff of Namaste Community Foundation have been insured with accidental insurance. Staffs were included in different types of seminar and training activities to motivate them and to enhance their level of efficiency.

13. Wedding support

Mina Nepali, one of Namaste's previous house children, was wedded under the rituals of the Hindu religion. She was provided with financial and other necessary support that was needed during her wedding from Namaste.

14. Other supports

Namaste Community Foundation supported District Child Welfare Kaski in their publication, supported the treatment of cardiac problems, supported a school with a volleyball and a net, supported financially to the local club of Ghachowk, necessary support was also provided to the people and organizations throughout the year.



15. Organizational information

To make more and more people aware about the organization we have been publishing a newsletter quarterly and we have been posting our important activities in the social media under Facebook. To read the newsletter; Log on to <http://www.ncf-nepal.org/newsletter.html> and to visit us on Facebook; <http://www.facebook.com/pages/Namaste-Community-Foundation-Nepal/476171372465727>

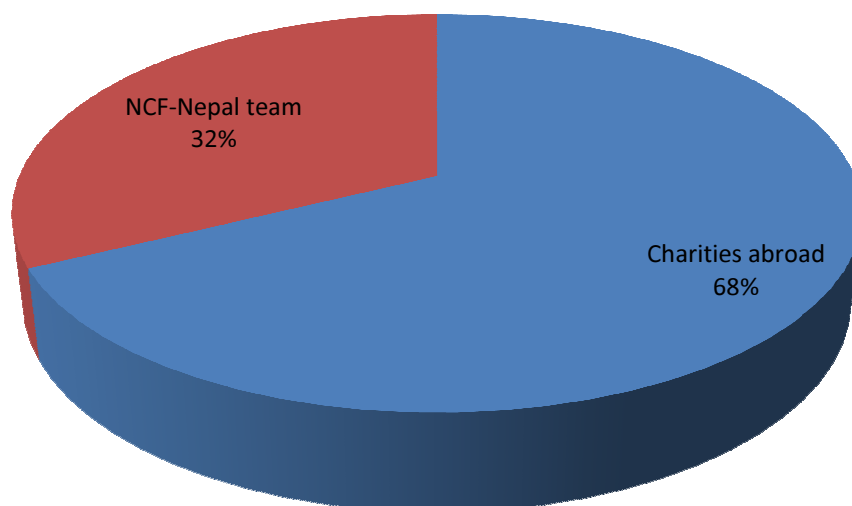
6. Proposed Programs for next year

- ❖ To continue with the regular activities of the Children's House.
- ❖ To continue with the scholarship program and to support more children through scholarships.
- ❖ To continue with the work of the hearing clinic and to create awareness among the people.
- ❖ To begin the women skill development program at our newly established building at Ghachowk and to continue with such training and development programs.
- ❖ To work with the registration pass of the pending lands back at Ghachowk.
- ❖ To provide hearing aids to more people suffering from hearing problems and to facilitate them with medicine.
- ❖ To do the necessary work required for the organization renewal and to work with the social welfare council to retrieve necessary documents.
- ❖ To acquire the commitment letter from donor agencies, and to prepare the MOU and Guidelines.
- ❖ To make an addition in general members of an organization and to organize many other different programs to grab the devotion of members towards organization.
- ❖ To make the website up to date for the promotion of an organization.
- ❖ To materialize the work that organizations have completed for publication regarding the activities of the organization.
- ❖ To arrange training for the home and other staffs as per requirement.
- ❖ To prioritize women for training and to create awareness.
- ❖ To regulate the micro support program.
- ❖ To fence the land at Ghachowk and to continue further with construction work.
- ❖ To admit domestic and international experts to enhance the skills of administrative staffs.
- ❖ To begin research regarding the role of an organization for the unified development of Ghachowk, Lahachowk and Machhapuchhare V.D.C.
- ❖ To work mutually with other organization for social welfare

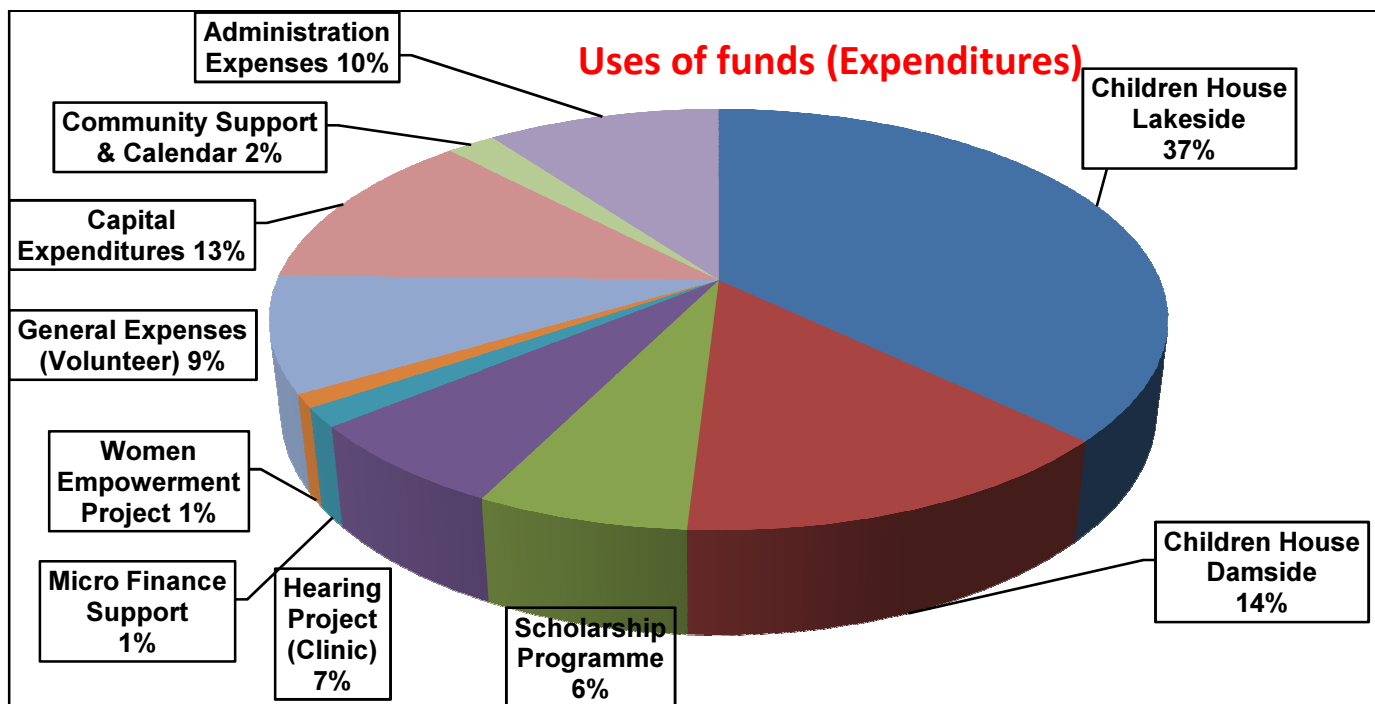
7. Collection and Usage of Funds

- a) **Collection of funds:** During this year (FY-2012-2013) we have collected 21,764,661 (NPR) through the support of charities abroad and the NCF-Nepal team. Out of this, 68% was collected through charities abroad and 32% has been collected through sponsorship fees, general donations, volunteer placements, brick sponsorship, souvenir gifts, bank interest, membership fees, hearing gifts and others.

Collection of Funds (Incomes)



- b) Uses of funds:** During this year (FY-2012-2013), we have spent over 22,466,251 (NPR) for various programs, including general administration. The capital expenditures include mostly construction of new buildings but also include fire extinguishers and battery inverter for regulate electricity.



8. Future plan

- **Children Home Lakeside:** Increase the number of children, depending on the need and financial availability. Continue the nurturing care of the current children.
- **Onni Children House Damside:** Increase the number of children depending on the need and financial availability. Continue the nurturing care of the current children.
- **Scholarship Program:** Increase the number of children depending on the need and financial availability. Continue providing support to the current children in the program until they complete high school.
- **Volunteer Placement:** Continue to take on volunteers.
- **Women's Empowerment project:** Provide at least 80-100 people with tailoring, crafts, agriculture, sustainable farming and other skills.
- **Micro Finance Support:** Expand the program to support more families & reduce dependency.
- **Hearing Project Nepal:** Extend into more areas and increase number of people assisted.
- **Buy a brick campaign:** Continue selling bricks as a means of financial support for the new children's home at the Support Centre.
- **Extra activities:** Provide support in the form of teacher training, infrastructure development, and other ways, depending on finance availability. Support local health posts next to our land and provide better services locally.
- **Purchased land in our name:** Complete Namaste Community Support Centre in Ghachowk which includes a children's home, office, library, guard house, dining hall, woman empowerment program, and other training programs by 2015.
- **Income generated activities:** Work on income generating related projects for partial sustainability.



9. Contact us

We owe great thanks to those from Nepal and abroad who have supported us from the very beginning. Your financial contribution is essential to the existence and future growth of our organization. Our dream of expansion is to help more children and people of Nepal, and we would love to have you as a part of our family. Please get involved and help us to continue our mission. If you would like to support us through our partner charities abroad, please don't hesitate to contact us!

Namaste Community Foundation Nepal

Post Box-173, Jarewar, Lakeside, Pokhara-6, Nepal

Phone: ++977-(0)61-462449/461679,

Email info@orphanagenepal.org / info@ncf-nepal.org

www.ncf-nepal.org

Any level of support is greatly appreciated and goes directly to the future wellbeing of the children and needy people of Nepal.



"Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver" - Barbara De Angelis

For more details: www.ncf-nepal.org

THANK YOU!